

2018 MVP Health Care Rochester Twilight Criterium & Rochester Mile ATHLETE Schedule

Time	Category/Race	Activity
3:00	ALL CYCLISTS	REGISTRATION OPEN @ RUNDEL LIBRARY
3:45	ALL RUNNERS	REGISTRATION OPEN @ MEDVED TENT
3:45	EVERYONE	ROADS CLOSED TO TRAFFIC
3:45	Kids Big Wheel Races	REGISTRATION OPEN @ MVP TENT
4:15-5:15	Kids Big Wheel Races	Racing
4:15	17-18 Jr / U23 Cycling	Registration Closed
5:05-5:20	ALL BICYCLE RACE CATEGORIES	Open Practice
5:10	PRO-1-2 Women Cycling	Registration Closed
5:15	17-18 Jr / U23 Cycling	Report to Staging Area
5:25	17-18 Jr / U23 Cycling	Leave Staging for Start
5:30	17-18 Jr / U23 Cycling	START – 45 minute race
6:10	PRO-1-2 Women Cycling	Report to Staging Area
6:20	PRO-1-2 Women Cycling	Leave Staging for Start
6:25	PRO-1-2 Women Cycling	START – 1 hour race
6:30	PRO-1 Men Cycling	Registration Closed
6:30	(All Categories) 1-MILE Run	Registration Closed
6:30	(All Categories) 1-MILE Run	Pre-race meeting @ Registration
6:45	17-18 Jr / U23 Cycling	Top 3 Finishers to Amateur Awards
7:20	(All Categories) 1-MILE Run	Report to Staging @ Broad St & Exchange
7:34	ELITE Women 1-MILE Run	Leave Staging for Start
7:34	Amateur Women 1-MILE Run	Leave Staging for Start
7:40	ELITE Women 1-MILE Run	START – 1 lap race
7:41	Amateur Women 1-MILE Run	START – 1 lap race
7:53	ELITE Men 1-MILE Run	Leave Staging for Start
7:53	Amateur Men 1-MILE Run	Leave Staging for Start
8:00	ELITE Men 1-MILE Run	START – 1 lap race
8:01	Amateur Men 1-MILE Run	START – 1 lap race
8:10	PRO-1 Men Cycling	Report to Staging Area
8:15	PRO-1 Men Cycling	Leave Staging for Start
8:18	PRO-1 Men Cycling	Roll-out to Start and National Anthems
8:30	PRO-1 Men Cycling	START – 100 minute race
8:50	Amateur Women 1-MILE Run	Top 3 Finishers to Amateur Awards
8:50	Amateur Men 1-MILE Run	Top 3 Finishers to Amateur Awards
10:20	ELITE Women 1-MILE Run	Top 3 – Report to PRO Awards Podium
10:22	ELITE Men 1-MILE Run	Top 3 – Report to PRO Awards Podium
10:24	PRO-1-2 Women Cycling	Top 3 – Report to PRO Awards Podium
10:26	PRO-1 Men Cycling	Top 3 – Report to PRO Awards Podium
10:28	All Top 3 PRO & ELITE ATHLETES	Media at PRO Awards Podium