

MVP HEALTH CARE ROCHESTER TWILIGHT CRITERIUM



Race #2 in the American Criterium Cup series

2022 TECHNICAL GUIDE

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TECHNICAL GUIDE

The MVP Health Care Rochester Twilight Criterium (RTC) is a USA Cycling calendar national level criterium in Upstate New York and is race #2 in the AMERICAN CRITERIUM CUP series. This document provides the 2022 event's technical guidelines, information and regulations for officials, team personnel and athletes.

FULL MOON VISTA PRODUCTIONS MISSION STATEMENT

Full Moon Vista Productions is an Upstate New York professional event promotions company, and our objective is to provide riders and spectators a phenomenal event and world-class experience. For 2022, Full Moon Vista Productions' intent is to produce one of the foremost criterium races in the United States.

FULL MOON VISTA PRODUCTIONS EVENT PERSONNEL

Full Moon Vista Productions:1239 University Ave. Rochester, New York 14607www.fullmoonvista.com / Tel. 585.546.4030

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Events & Municipalities Manager:

Jim Flynn – jf9119@gmail.com 585-721-2763

Scoring and Timing:

Tom Mains - mains.tom@gmail.com, 609-638-4833 (m)

Professional Announcer: Bill Elliston

Professional Announcer: Alan Cote

Professional Announcer:

Leslee Schenk-Trzcinski

SPONSORS

















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OFFICIALS

Should questions arise regarding officiating, results or scoring, please contact the appropriate official.

Chief Referee – Gary Toth – gdtoth@hotmailcom

Chief Judge – Sallie Urffer – sallie.pedals@gmail.com

Pit Referee – TBD

Asst Judge – TDB

Moto Referee – TBD

GOVERNING REGULATIONS

The Rochester Twilight Criterium PRO races on May 21st 2022 shall be held under 2022 USA Cycling regulations.

Address: USA Cycling 210 USA Cycling Point, Suite 100 Colorado Springs, CO 80919-2215 www.usacycling.org / Tel. 719.434.4200

PARTICIPATION

All riders in the amateur fields must possess a valid USAC or UCI license.

A rider's 2022 racing age

The category to which the license holder belongs on 1 January of the civil year following will be used for his/her participation in events for the whole season, or in other words, a rider's racing age for all categories is determined by his/her age on December 31, 2022.

PRO REGISTRATION

Note : the following is from USAC PRT requirements & procedures

Selection of Riders and Teams

- 1. PRT races are invitational races by nature. The race director can select the teams and/or riders to be invited assuming they stay within USA Cycling rules. UCI ProTeams, Pro Continental and Continental teams may compete along with category 1 riders in the men's events. Women's events can include UCI Women's teams as well as category 1 and 2 women. **Please note:** PRT events DO NOT allow category 2 men or category 3 women to compete in the pro race!
- All PRT races must invite all USA Cycling-registered UCI Continental and Pro Continental teams in good standing to enter their race. Only in extreme circumstances will USA Cycling allow an PRT event to exclude such a UCI team that registers before the deadline, assuming that the race has not reached the field limit. Please contact USA Cycling if you feel the need to exclude someone.

Team Composition

- 1. All PRT races are "team limited" races. The team limit is a default maximum of **six (6)** riders, but a race director may enforce a lower limit. No team or club may enter more than one team in an PRT race. In case of dispute, the determination of whether two teams are separate or not is made by USA Cycling per rule 1H4.
- USA-based UCI teams often have part of their roster designated as their "domestic riders." These riders do not appear on the UCI rider list, but for the purposes of PRT races, they may race as part of the professional team and wear the UCI team jersey, still respecting the total team limit. These rosters will be listed on the USA Cycling website.
- 3. A team may have "guest riders" subject to other USA Cycling rules. Note that guest riders score no team points as described below. If a team has entered, none of its riders may guest ride on another team or compete individually.

Team Scoring

- 1. The top three riders of each team in each event score points for their team.
- 2. The total team points for a given race will be the sum of the individual points for the top three scoring riders, including stage win bonuses for multiday events. (see Points Table Appendix)
- 3. Only the officially registered riders of a team may score points for the team PRT rankings.
- 4. If a team has a guest rider who would have scored points as one of the top three riders, that rider will score no points, but the next best-placed scoring rider will be counted.
- 5. Only teams officially registered with USA Cycling may compete for PRT team rankings. These teams will comprise:
 - a. UCI teams registered through USA Cycling
 - b. UCI teams registered through another federation that have also registered with USA Cycling for the purpose of competing in PRT races
 - c. USA Cycling Domestic Elite teams that register with USAC for the purpose of competing in PRT races

PRO Racers:

- **PRE-REGISTRATION ONLY** on bikereg.com for \$70
- PRO REGISTRATION is by invitation or approval only (see above for more USAC info)
- Registration closes at 11:59 p.m. on Wednesday, May 18th, 2022.
- Valid USAC or international license required for all riders

Sign-in for PRO Women will close @ 5:10 on May 21st - NO EXCEPTIONS.

Sign-in for PRO Men will close @ 6:20 on May 21st - NO EXCEPTIONS.

Riders and support staff <u>must</u> pick-up bib numbers and credentials before the deadlines listed above.

The race headquarters shall be open starting 3:45 May 21st @ 3:45 p.m. and located at the following address: Central Library of Rochester (AKA: Rundel Library), 115 South Ave Rochester New York 14604

DIRECTIONS

Host Hotel Info: Holiday Inn Downtown Rochester

70 State St. Rochester NY 14620 / 585-546-3450 Hotel Website

From Host Hotel to race course: Turn left on State Street. Course is straight ahead about 300 meters.

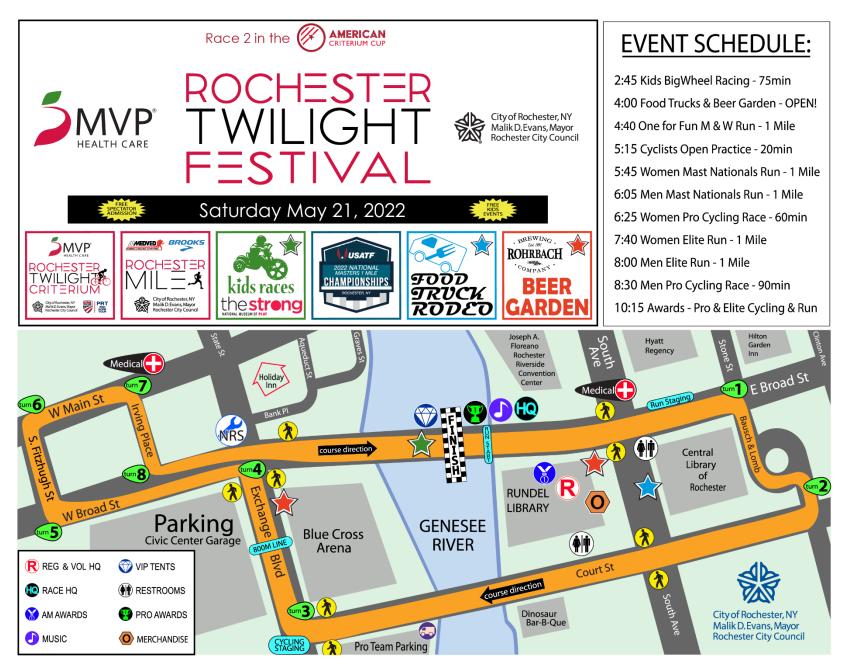
From the EAST to Host Hotel: Take I-90 West (NYS Thruway) and take Exit 45 for I-490 West. Continue on I-490 West for about 14 miles and take Exit 16 for Clinton Ave South. Turn Left on East Main St. Turn Right on State St and the hotel is one block on your right.

From the WEST to Host Hotel: Take I-90 East (NYS Thruway) and take Exit 47 for I-490 East. Continue on I-490 East for about 22 miles to Exit 13 (Exit 13 is on the left). Once on the Exit 13 ramp, stay right and take the Allen St exit (please note that Allen St comes up very quickly). Turn Right on Plymouth Ave. Take next Left onto Church St. Turn Right on State St and the hotel is on your Left.

From the SOUTH to Host Hotel: Take I-390 North and take Exit 15 (towards the right) for I-590 North. Continue on I-590 North for about 4.5 miles and take Exit 5 for I-490 West. Continue on I-490 West for about 3 miles and take Exit 16 for Clinton Ave South. Turn Left on East Main St.

Turn Right on State St and the hotel is one block on your right.

Course is 1 mile in length.



COURSE DESCRIPTION

The Start/Finish line is on the Broad Street Bridge heading east. The course proceeds east into a right turn on Bausch & Lomb Place and then stays to the right of the traffic circle around the Albert Paley sculpture. An immediate 180 right-hand turn follows the traffic circle which then heads west on Court Street. After going over the Court Street Bridge, the course takes a right turn onto Exchange BLVD and racers travel north (traveling in the south-bound lane) and turn left on Broad Street. The course heads west (traveling in the east-bound lane) and then turns right onto S. Fitzhugh Street heading north. The next turn is a right onto Main Street followed by another right onto Irving Place. The course takes a left onto Broad St and heads east towards the finish line.

EVENT HISTORY

2004 Rochester Twilight Criterium: 2004 spectator attendance estimate - 5,000 The Rochester Twilight Criterium first brought world-class professional bicycle racing to the City of Rochester in 2004. The one-day format of the event included professional and amateur bicycle racing on the streets of downtown Rochester. Amateur races took place during the day and a men's professional race was held at night

2005 Rochester Twilight Criterium: 2005 spectator attendance estimate - 12,000 Using the same format as in 2004, the 2005 event was designated by United States Cycling (USAC) as the New York State Criterium Championships.

2006 Rochester Twilight Criterium:

2006 spectator attendance estimate - 20,000 Normally the NRC calendar was reserved for professional races 5 years or older, but the Rochester Twilight Criterium was an NRC event after only 2 years.

2007 Rochester Twilight Criterium:

In 2007 the event was granted UCI status with a place on the UCI Americas Tour calendar, one of only thirteen races in the U.S. on the schedule. Once again, an unprecedented advancement considering the event was only entering its fourth year. As a result, Rochester hosted international athletes including Olympians, World and National Champions from Argentina, Canada, Germany, Italy, New Zealand, Ireland, England, Czechoslovakia, Russia, Serbia, Australia, Uruguay and the United States.

2008 Rochester Omnium:

2008 spectator attendance estimate – 30,000 Once again on the UCI Americas Tour schedule, the event was transformed into a 3-day race including an individual Time Trial, a Road Race and the ever popular Twilight Criterium. The three days of racing received accolades from everyone involved, especially the professional teams and sanctioning officials

2015 Rochester Twilight Criterium:

2015 spectator attendance estimate - 20,000 The event was reintroduced after a 7 year hiatus onto the National Criterium Calendar. Having been gone for so long, the community was thrilled to welcome the event back and the cycling world was once again impressed with the event. It was as though the event never missed a year and picked up exactly where it left off – as a marguis event that racers and spectators alike made a top priority to attend!

2016 Rochester Twilight Criterium:

2016 spectator attendance estimate – 10,000 The 2016 event was again included within the USAC PRT (Pro Road Tour) – this year witnessed a great amount of inclement weather which impeded our spectator turn-out. High wind, rain and threatening lightning storms did not turn away the faint of heart or especially the professional athletes - the 10,000 that did watch the action saw some absolute incredible racing from the pro men and women!

2017 & 2018 & 2019 Rochester Twilight Criterium:

2017 & 18 & 19 spectator attendance estimate –

15.000

Beautiful weather for all 3 years and the spectators loved it. The USAC PRT (Pro Road Tour) event was again a huge success.

2020 & 2021 Rochester Twilight Criterium:

Cancelled due to Covid-19

2007 spectator attendance estimate - 25,000

TIMING, SCORING AND RESULTS

Timing and scoring will be done by Tom Mains using a sophisticated timing program and finish line camera. The timing equipment and staff will be located in the officials' tent on a custom raised platform immediately adjacent to the finish line and truss.

Results will be posted on the results board next to the registration/awards tent. Results will also be posted on the race website at <u>www.rochestercrit.com</u> and submitted to USAC.

EQUIPMENT REQUIREMENTS

Approved helmets required for all riders

<u>Bicycles should conform to all USA Cycling regulations for mass start road races. (See rule 1I)</u> <u>Gear restrictions will be enforced for junior participants per USA Cycling rules.</u>

SCHEDULE AND TIMES OF RACES

Time	Category/Race	Activity
2:30	Kids Big Wheel Races	REGISTRATION OPEN @ MVP TENT
2:45	Kids Big Wheel Races	Racing – 75 minutes (1 lap per race)
2:45	ALL 1-MILE RUNNERS	REGISTRATION OPEN @ RUNDEL LIBRARY
2:45	Rochester Police Dept	ENTIRE COURSE CLOSED TO TRAFFIC
3:45	ALL CYCLISTS	REGISTRATION OPEN @ RUNDEL LIBRARY
3:45	One for Fun MEN & WOMEN 1-MILE	REGISTRATION CLOSED
4:00	Food Truck Rodeo & Beer Gardens	OPEN!
4:15	One for Fun MEN & WOMEN 1-MILE	REPORT TO STAGING AREA & PRE-RACE MEETING
4:25	One for Fun MEN & WOMEN 1-MILE	LEAVE TO START
4:40	One for Fun MEN & WOMEN 1-MILE	START – 1 MILE
5:00	USATF MAST NATS WOMEN 1-MILE	REGISTRATION CLOSED
5:00	USATF MAST NATS MEN 1-MILE	REGISTRATION CLOSED
5:10	PRO-1-2 Women Cycling	Registration Closed
5:15	ALL BICYCLE RACE CATEGORIES	Open Practice – 20 minutes
5:30	USATF MAST NATS WOMEN 1-MILE	REPORT TO STAGING AREA & PRE-RACE MEETING
5:30	USATF MAST NATS MEN 1-MILE	REPORT TO STAGING AREA & PRE-RACE MEETING
5:40	USATF MAST NATS WOMEN 1-MILE	LEAVE TO START
5:45	USATF MAST NATS WOMEN 1-MILE	START – 1 MILE
6:00	USATF MAST NATS MEN 1-MILE	LEAVE TO START
6:05	USATF MAST NATS MEN 1-MILE	START – 1 MILE
6:10	PRO-1-2 Women Cycling	Report to Staging Area
6:20	PRO-1-2 Women Cycling	Leave Staging for Start
6:20	ELITE Women 1-MILE Run	Registration Closed
6:20	ELITE Men 1-MILE Run	Registration Closed
6:20	PRO-1 Men Cycling	Registration Closed
6:20	One for Fun MEN & WOMEN 1-MILE	TOP 3 REPORT TO AWARDS @ RUNDEL LIBRARY
6:25	PRO-1-2 Women Cycling	START – 1 hour race
7:00	USATF MAST NATS WOMEN 1-MILE	TOP 3 REPORT TO AWARDS @ RUNDEL LIBRARY
7:00	USATF MAST NATS MEN 1-MILE	TOP 3 REPORT TO AWARDS @ RUNDEL LIBRARY
7:20	ELITE Women 1-MILE Run	Report to Staging Area & Pre-Race Meeting
7:20	ELITE Men 1-MILE Run	Report to Staging Area & Pre-Race Meeting
7:35	ELITE Women 1-MILE Run	Leave Staging for Start
7:40	ELITE Women 1-MILE Run	START – 1 lap race
7:55	ELITE Men 1-MILE Run	Leave Staging for Start
8:00	ELITE Men 1-MILE Run	START – 1 lap race
8:10	PRO-1 Men Cycling	Report to Staging Area
8:15	PRO-1 Men Cycling	Leave Staging for Start
8:18	PRO-1 Men Cycling	Roll-out to Start
8:30	PRO-1 Men Cycling	START – 90 minute race
10:15	ELITE Women 1-MILE Run	Top 3 – Report to PRO Awards Podium
10:17	ELITE Men 1-MILE Run	Top 3 – Report to PRO Awards Podium
10:19	PRO-1-2 Women Cycling	Top 3 – Report to PRO Awards Podium
10:21	PRO-1 Men Cycling	Top 3 – Report to PRO Awards Podium
10:23	All Top 3 PRO & ELITE ATHLETES	Media at PRO Awards Podium

START ORDER

PRO Women's and PRO Men's races: (please refer to the course map on page 8)

The start staging area is located at the corner of Court St and Exchange Blvd. Riders are advised to be in the vicinity of the Start Staging Area at least 20 minutes prior to race start time. (*Note: there is space behind the staging area for warming up on Exchange Blvd.*)

Per USAC regulation (rule 10H1), rider call-up is a maximum of 15 minutes before race start. If riders are not present with 15 minutes to start and miss their call-up.

Start Order will be determined by USAC PRT points from highest to lowest as per the latest published individual Classification. The start order will be corresponding with each rider's Start / Bib Number for those holding USAC PRT ranking points.

The Staging Area is approximately .5 mile from the Finish Line (and the finish line is where the actual race start occurs). Riders proceed from the Staging Area towards the Finish Line in the direction of the race course, which is clockwise (NOT BACKWARDS).

PLEASE NOTE: MEN'S PRO ATHLETES – THERE WILL BE TWO 1-MILE ELITE RUNNING RACES BEFORE THE START OF YOUR RACE – <u>DO NOT</u> RIDE ON THE COURSE UNTIL YOU ARE RELEASED FROM THE STAGING AREA!!!!!!!

PIT REQUIREMENTS AND NEUTRAL SUPPORT

The service pit is located on the left side of the finish straight on Broad Street at Exchange Street, between turn 8 and the finish. Competitors who suffer a mishap and wish to obtain a free lap must report to the USAC official in the pit. Free laps end at 5 laps to go.

Neutral Support will be available for all riders in the pit area. A USAC certified mechanic will be available.

Competitors may place their own spare equipment in the service pit. Teams may have up to two support personnel in the pit. They must obtain up to two pit passes at registration and wear those credentials while in the service pit.

FINISHING TIME LIMITS

Any rider not finishing by the same lap as the main field shall not be placed.

Any rider deemed out of contention for the paying places may be pulled from the event prior to event completion and not allowed to finish.

WARMING UP

Trainers may be set up near the staging area.

A warm up area is available by staging area (south on Exchange Blvd) - PLEASE NOTE: Roads are open to traffic!!!

There will be no warming up on the course while other races are in progress on the course. Violating riders may be disallowed to participate in their respective event.

There will be a 20 minute "course preview" for all CYCLING categories from 5:15 to 5:35.

EVENT MEDICAL STAFF

Local ambulance services, the County Sheriff and the Rochester Police Department have been informed of the event. An ambulance will be on standby on South Ave (close to the finish line). First aid will be available in the Medical Ambulance located at the northeast end of South Ave.

HOSPITALS

Strong Memorial Hospital (2.8miles / 9 minutes) – 601 Elmwood Ave, Rochester, NY 14642 585.275.2100

Highland Hospital (1.3 miles / 4 minutes) - 1000 South Ave, Rochester, NY 14620 585.473.2200

Rochester General Hospital (3.4miles / 12 minutes) – 1425 Portland Ave, Rochester, NY 14621 585.922.4000

POLICING AND SECURITY ARRANGEMENTS

Rochester Police Department officers have been notified and will be available throughout the event.

There will be a minimum of 5 crosswalks on the course and these will be manned by course marshals on both sides of the course throughout the event.

The complete course is barricaded (both interior and exterior).

Security personnel will be located at the beer garden/food court adjacent from the finish area.

ANTI-DOPING

The Rochester Twilight Criterium race is subject to USAC/USADA anti-doping Examination Regulations and all competitors and team personnel must abide by these regulations. Any riders with a nonnegative test result (following any adjudication process) will forfeit any prizes won at the event.

Should USADA be present at the event, doping control will be located at the Holiday Inn Downtown on State Street. The list of riders required to report will be posted on the Results board prior to the finish of the race. The racers will be required to report to anti-doping control within 30 minutes after the finish of the event.

It is the responsibility of the rider and/or his/her team personnel to ensure that he/she reports to anti-doping within the required time.

PRO ATHLETE PODIUM ETIQUETTE

Top 3 PRO Men and Top 3 PRO Women MUST report to the Stage at the finish area for awards immediately following the conclusion of the Men's PRO race.

The top three finishers must report to the stage for awards, podium pictures and potential interviews with the professional announcer.

Riders are advised to have podium bags ready prior to the race (a podium bag typically contains a clean jersey and any essentials to prepare for awards and photos). If riders have credentialed support staff, they may assist their rider in the changing/preparing but support staff is not allowed on the podium stage.

Prize money may be withheld from a rider who does not report for the podium ceremony. It is a rider's responsibility to be present for the awards presentation. All podium finishers **must wear his/her race/team kit** for podium pictures. *This is your opportunity to support your sponsors and the event sponsors!*

Post-race press interviews following the awards ceremonies will be conducted at the orange race-HQ tent adjacent to the finish area.

PRIZE LIST AND POINTS

Prize purse for the MVP Health Care Rochester Twilight Criterium races is a combined total of \$15,000. Men's & Women's prize purse is equal as listed below (at \$7,500 each). The AMERICAN CRITERIUM CUP series distribution of points and overall purse can be found at americancritcup.com

<u>Place</u>	Prize Money
1	\$2250
2	\$1250
3	\$750
4	\$600
5	\$500
6	\$300
7	\$250
8	\$200
9	\$175
10	\$175
11	\$150
12	\$150
13	\$125
14	\$125
15	\$100
16	\$100
17	\$100
18	\$75
19	\$75
20	\$50

PAYMENT PROCEDURE

Individual event prize money for all amateur races will be paid on site following each event. <u>Prize money may be</u> <u>withheld from a rider who does not report for the podium ceremony</u>. It is a rider's responsibility to be present for the awards presentation. In case of extenuating circumstances, checks may be mailed to riders who do not collect their prize money. All tax forms can be obtained at registration. No money can be paid unless you have provided the following current information on a W-9 form (US Riders):

Social Security Number or Tax ID Number Exact name of payee to receive payment Mailing Address

All prize-winners who are non-resident aliens and who have not provided evidence that they are exempt from withholding tax, must complete an IRS W8 which is available on-site at registration.

For PRO Women and PRO Men winning money, checks will be mailed once results are received from USADA. In the event that USADA is not in attendance, prize monies will be paid out on race day. All tax forms must be completed at registration. No money can be paid unless you have provided the following current information on a W-9 form (U.S. Riders):

Social Security Number or Tax ID Number Exact name of payee to receive payment Mailing Address

All prize-winners who are non-resident aliens and who have not provided evidence that they are exempt from withholding tax must complete an IRS W8 which is available on-site at registration.